

**Our motto: Pride and Achievement**  
**Our values: Kindness, Achievement, Respect**  
**and Responsibility**

**Growth Mindset, Attitude and Self-esteem**

This fortnight, we have included a study that summarises the benefits of having a growth mindset on a person's attitude and self-esteem. A growth mindset allows a person to believe that their ability is not set in stone, they can improve and get better by application, curiosity and commitment. A fixed mindset encourages people to hold on to their status as clever or talented at all costs and may prevent them from further learning. These articles are taken from a book called The Science of Learning by Edward Watson and Bradley Busch.

**Sorry Day**

Thanks to our wonderful AIEO, Candace, for organising a wonderful display for us all to enjoy at the back of the library. Please have a look!

**Tender for OSH**

Tenders for After School Care are due at the end of this term. It is a requirement that we put this out for tender every few years. Unfortunately, parents and community members are not allowed to be on the panel. We will let you know once a decision has been made.

**Leave**

A reminder that I will be on leave from 2nd June and return on the 15th June. Mrs Depiazzi will be acting Principal in that time. Mrs Brown will fill in for Mrs Depiazzi as deputy.

**Interschool T-shirts**

We now have a design for the Interschool T-shirts and are hoping they will be available some time this term.

**School Board Position**

We are still looking for one parent Board member. One of the Board's goals is to have a diverse membership to try to reflect our student population. If you are a parent from a minority group at our school, we would love to have you on the Board. No experience is necessary. Please contact Andrea Macfarlane for more information.

**Lockdown Drill**

Each year we hold a Lockdown Drill in Term 2 and an Evacuation Drill in Term 4. This is to ensure that staff and students know what to do in case of an emergency and gives us a chance to review our processes and iron out any problems. The Lockdown Drill, which we carried out on Tuesday, consists of a warning siren, then all staff and students must be inside a building with the doors locked and windows shut until they receive the all clear. Everything went smoothly!

**Andrea Macfarlane**  
**Principal**



**YANGEBUP**  
**PRIMARY SCHOOL**



**PRIDE & ACHIEVEMENT**

**Dates to remember**

**Term 2**

**1 June**

WA Day

**3 June**

Rm1 Assembly

2.15pm

**5 June**

Interschool Cross

Country Y3-6

**12 June**

Lighting Carnival

Y4-6

**16 June**

Pyjama Day

**17 June**

Rm1 Assembly

2.15pm

**24 June**

Music assembly

**3 July**

Last day of Term 2

for students

**THE ONE ABOUT MINDSET, ATTITUDE AND SELF-ESTEEM**

@inner\_drive | www.innerdrive.co.uk

**THE STUDY**

Previous research has found that when performing an experiment in a laboratory, students who feel that they have a growth mindset (i.e. the belief they can improve) think more productively and perform better in subsequent tasks than those who have a fixed mindset (i.e. the belief that their ability is set in stone). But does this translate into the real world?

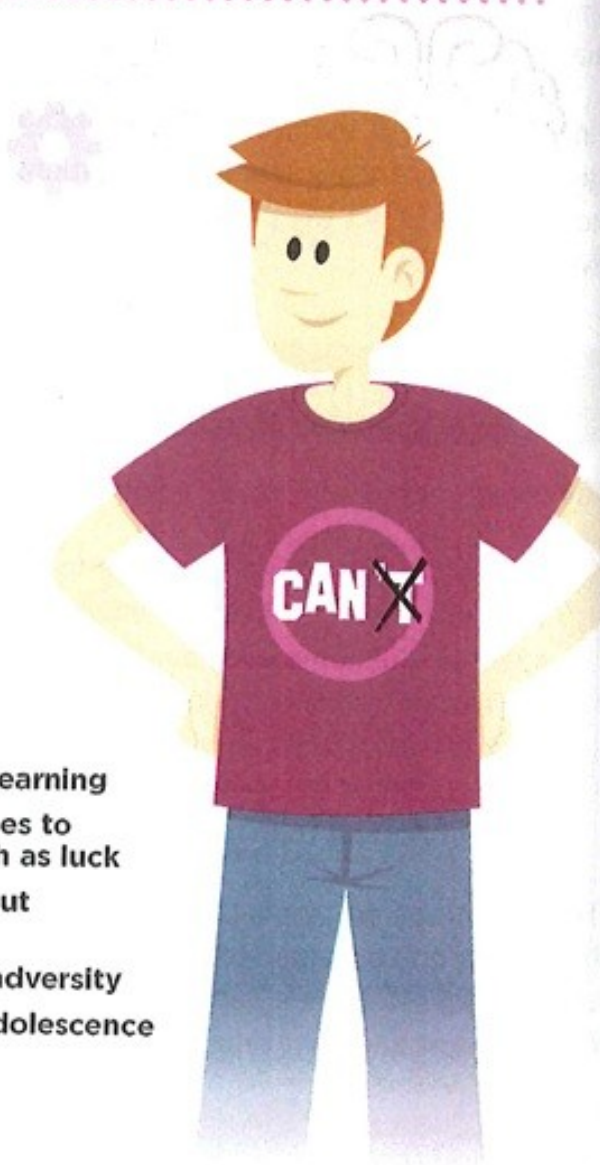
Researchers tracked over 500 students over the course of their four years at university to find out if having a growth or fixed mindset impacted how they thought, felt and behaved. This included how they explained their successes, failures and changes to their self-esteem.

**THE MAIN FINDINGS****1 Those with a growth mindset were more likely to:**

- ▶ Prioritise learning goals over performance ones
- ▶ Attribute their success to their efforts and study skills
- ▶ Feel excited, inspired and enthusiastic about their academic performance
- ▶ Put in more effort or learn from their mistakes in the face of adversity
- ▶ Have an increase in self-esteem during late adolescence

**2 Those with a fixed mindset were more likely to:**

- ▶ Prioritise immediate performance over learning
- ▶ Attribute both their failures and successes to external and uncontrollable factors, such as luck
- ▶ Feel distressed, ashamed and upset about their academic performance
- ▶ Give up and feel helpless in the face of adversity
- ▶ Suffer a dip in self-esteem during late adolescence



## THE ONE ABOUT MINDSET, ATTITUDE AND SELF-ESTEEM



### RELATED RESEARCH

This research supports and builds on previous findings that highlight the different behaviours and thought processes of those with a growth or fixed mindset (#5, #14). It is encouraging to see research moving beyond the laboratory and being tested in real-world situations.

One interesting area of study has found that helping students realise that their personality is not fixed has helped reduce anxiety and depression symptoms. Likewise, helping students adapt their mindset towards stress - that is, helping them realise that stress is not always a bad thing - has helped improve student performance in the face of adversity (#51).

The findings in this study - that those with a growth mindset are more likely to adopt learning instead of performance goals - is interesting. Other research has found that those who adopt a learning orientation are more likely to spend longer on the task, work harder, display more resilience, choose challenging tasks and have more pride and satisfaction in their work.

### CLASSROOM IMPLICATIONS



This study highlights that how we view ourselves can impact how we explain both our successes and failures, our self-esteem and indeed our future goals. Beyond just academic grades, it suggests that the growth mindset theory can fundamentally shape how students view their educational experience and alters their perception of how much control they have over it.

The researchers state that those with a fixed mindset:

Explain academic achievement - both successes and failures - in terms of external factors . . . thus they are truly helpless and assume that both their successes and failures are out of their control. In a sense, they are caught in a trap: they strive for academic success to prove their high ability, yet they explain away their successes as due to luck.

On the other hand, those with a growth mindset "believe they just need to try harder or use better study strategies to perform better". Helping guide our students towards having a growth mindset offers a promising strategy to help them better navigate their school life.

# Sorry Day Mural

National Sorry Day, also known as National day of Healing, is commemorated on the 26<sup>th</sup> May across Australia.

It is to recognise the Stolen Generations who were removed from their families from early 1900s to 1970s and to say how sorry we are as a community that Indigenous people suffered in this way.

The display shows the compassion and effort of all our wonderful Yangebup students.



## Library News

### Book Club

The new Book Club Issue 4 is now out, orders are due in by Friday 12<sup>th</sup> June.

Book Club orders from Issue 3 are on their way and will be delivered to students by mid next week.

### Premier's Reading Challenge

It's great to see so many books being read as part of the Premier's Reading Challenge, well done to all the students participating!

There's still time to sign up at [Premier's Reading Challenge](#). Log all books read or listened to between now and the 12<sup>th</sup> June and be in the running to win weekly prizes.

Happy reading!



## Faction Points

Faction Points for this week are:

**NGANK Gold:** 2692

**KOORT Red:** 2743

**BOODJERA Green:** 2743

## Excursions coming up

**Interschools cross country** for selected children will take place on Friday 5 June. Please ensure you return your permission note by Wednesday 3 June.

**Browne's Dairy & Kings Park excursion** for Room 2 and Room 4 will take place on 10 June. Please return your permission notes and payment by Tuesday 2 June.

## Holidays and absences

**Sickness:** A reminder if your child is unwell or attending an appointment, please log in to your Compass app and send an attendance note. Alternatively please contact the school office by phone **08 9395 3200** and leave a voicemail with your child's name, reason and date they are absent. An email can also be sent to the school office.

**Holidays:** The Department of Education discourages families taking vacations during school terms. If you are planning a vacation of more than 3 school days, please email the Principal with the request. The Principal will review and decide if it can be approved. Criteria is based on an attendance average of at least 90% and the number of vacations taken. [yangebup.ps@education.wa.edu.au](mailto:yangebup.ps@education.wa.edu.au)

## Blades of Oary – Friday 29 May 3-4pm

Friday 29 May 3pm - 4pm! 🏊‍♀️

Come along with your friends, family and neighbours to meet our incredible Year 4 teacher Miss Lilly and her all-female team as they prepare to row across the Atlantic Ocean in the world's toughest row! 🗣️ Yes, you read that right **row** across the ocean!

Their ocean rowing boat will be on display on the school basketball court, giving everyone the chance to:

🚢 See the boat up close 🚢 Meet the team 🚢 Ask questions about their amazing journey

There will also be: 🍔 Sausage sizzle 🍰 Cake stall 🎟️ Raffles with great prizes

We will be selling the raffle tickets before and after school outside of the library and the raffle will be drawn on Friday at the community event.

This inspiring team is raising funds for the **Royal Flying Doctor Service** and **Ruah Community Services**, supporting people across regional and local communities.

Come down, show your support, and be part of this exciting community event! ❤️

## Student news

Well done to Noa for completing the HBF 12km run!



# P&C News

## Bingo Night

Let's get ready to BINGO! A fun night out to raise funds for our school.

# BINGO AT THE VALE



**FRIDAY 19 JUNE**  
**6:30PM**

Yangebup Primary School is hosting Bingo at The Vale! It's just \$15 to play with all proceeds to the school P&C. **BOOK NOW via Try Booking**



## Special Representative Shirts

✨ ✨ We're excited to unveil our new Special Representative shirts, proudly funded through a Federal Government Stronger Communities Grant.

The design is inspired by the stunning artwork created by Candace and Tarney, which received nearly 50% of the overall vote from staff and students across the four incredible pieces they created for us.

A huge thank you to Candace and Tarney for creating a design that reflects our community and our connection to Beeliiar Boodjar, and to our students and staff for helping to shape that design.

Whether it be on the athletics track or at a numero scramble, we know these will be worn with pride!

Keep your eyes peeled to see these in action next month 🕶️

## OUR NEW SPECIAL REPRESENTATIVE SHIRTS



The dots represent waterholes, which is what our school is surrounded by. The turtles swimming up the river represent the students moving through their schooling years. The symbols along the river symbolize people sitting together, which represents the students moving through their schooling years while meeting and connecting with different people along their journey.

Candace Mason & Tarney Pickett

A P&C PROJECT IN COLLABORATION WITH THE SCHOOL, FUNDED BY A STRONGER COMMUNITIES GRANT FROM THE FEDERAL GOVERNMENT

## Uniform Shop

The uniform shop is open fortnightly on Fridays (falling on the even weeks of term). Our remaining open days for Term 2 are 12 June and 26 June. When the shop is not open, orders can be placed online via the QR code.



## P&C Meeting 🎉

Our next P&C Meeting will be held on Wednesday 3 June 2026 @ 6.30pm in the school library. New members are always welcome. Please send us an email if you have any questions about joining.

## Leavers Committee News

Each year, our Year 6 parents organise fundraising events with all funds raised going towards our Year 6 Leavers end of year celebrations and a parting gift for the school. Thank you for supporting the Leavers Committee fundraisers!

## Leavers Silver Coin Challenge

Room 7 is staying strong on top of the leaderboard!

Room 7

Room 14

PP2

Keep those coins coming in for all of Term 2! All funds raised will go to our Year 6 Leavers end of year celebrations.



The P&C (Parents & Citizens Assoc.) is a not for profit, volunteer group of parents, staff and friends of the school who work together for the benefit of Yangebup Primary School. We ALWAYS welcome new members! If you're interested in becoming a member, or you'd like more information, please email your details to us at [yangebuppandc@gmail.com](mailto:yangebuppandc@gmail.com) or send us a Facebook message!

Please like and follow our Facebook and Instagram pages to keep up with any news, reminders about meetings and upcoming school fundraising and community events.

Links available at our Linktree here: <https://linktr.ee/yangebuppandc>

# Community News

Yangebup Community, here is your chance to feed your pets and animals for free and help our school reduce its landfill! If you would like to receive food scraps for your chickens, Guinea pigs etc. please complete this form: [Request for food scraps form – Fill in form](#)



## Everyday Matters

a fun lunchtime program

Games Activities Craft Bible Stories

Tuesday lunchtimes in Block B, commencing 3<sup>rd</sup> March

Pick up your permission slips from the front office

## PERTH MUSIC AGENCY

INDIVIDUAL MUSIC LESSONS IN PERTH, WA



0478 969130



admin@perthmusicagency.com.au



www.perthmusicagency.com.au



www.facebook.com/perthmusicagency

## BLADES OF OARY

### Community Event Friday 29<sup>th</sup> May

Miss Lilly and 3 friends are rowing the Atlantic Ocean – up to 60 days, unsupported – to raise funds for *Royal Flying Doctors* and *Ruah Community Services*. Their boat, **Saltie**, will be at school on Friday 29 May. The community is invited to come along and meet the team from **3-4pm** on the old basketball court (outside the bike shed), with raffles and stalls available. We hope to see you there.

## YANGEBUP MARTIAL ARTS

KIDS | TEENS | ADULTS

SELF-DEFENCE | FITNESS | CONFIDENCE

BOOK A TRIAL 55 MOORHEN DRIVE, YANGEBUP  
Part of Yangebup Primary School | [hqmartialarts@gmail.com](mailto:hqmartialarts@gmail.com)

## School of Choice Enquire Now!

LAKELAND SENIOR HIGH SCHOOL

SCHOOL TOURS AVAILABLE



## 2027

### YEAR 7 ENROLMENTS NOW OPEN

SPECIALIST MUSIC TECHNOLOGY  
LAKELAND EMPOWERING ATHLETE PROGRAM  
ACHIEVE ACADEMIC PROGRAM  
SPECIALIST EDUCATION SUPPORT



SCAN HERE: For enrolment application

LAKELAND SENIOR HIGH SCHOOL MISSION STATEMENT

"To be a place of learning, where all members of our school community aspire to excel in a culture that nurtures and promotes engagement for future success."

Contact us  
6172 2200

Visit our website  
[lakelandshs.wa.edu.au](http://lakelandshs.wa.edu.au)

Email us on  
[lakeland.shs@education.wa.edu.au](mailto:lakeland.shs@education.wa.edu.au)

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Lakeland Senior High School